

Spiritual Family Counseling, LLC.

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PRIMARY CARE PHYSICIAN TREATMENT NOTIFICATION INFORMATIONAL

When you, or your family member, need to see more than one type of healthcare professional, your care can be more complex. This is true whether you see more than one physician or a therapist.

You may ask:

- Why is it anybody's business when I go to therapy or see a psychiatrist?
- Why do my doctors need to know about my personal problems?

The answer to these questions should be discussed with your doctor or therapist. However, it is very important for doctors and therapists to communicate at these times:

- **When you start therapy.** Sometimes problems can be caused by medical conditions. For instance, depression and anxiety are sometimes linked to certain medical problems.
- **When you start and/or change medications.** Your doctors can help make sure the medicines you are taking can be safely used together.
- **If there are changes to your health status.** If your health changes, your doctors need to know in order to determine if you need any specific testing or changes to your medication.

Also, to ensure quality care, many insurance companies request that therapists notify patients' primary care/family doctor when services begin.

We must have your written permission to comply with this insurance company request. Please complete the Primary Care Physician Notification Form so we can record if notification to your primary care physician is authorized.

We appreciate your cooperation in providing excellent coordination of care for you.